

## Recommended Reading List

### Marriage

#### Christian

- How We Love by Milan and Kay Yerkovich
- Sacred Marriage by Gary Thomas
- The Power of a Praying Wife by Stormie Omartian
- The Power of a Praying Husband by
- Covenant Marriage by Gary Chapman
- Love & Respect by Emerson Eggerich, Ph.D.
- Every Woman's Desire by Fred Stoeker and Steven Arterburn
- "Song of Solomon" Tape Series by Tommy Nelson
- An Affair of the Mind by Laurie Hall

#### Secular

- War of Words by Paul David Tripp
- Marriage God's Way by Henry Brandt and Kerry Skinner
- The Excellent Wife by Martha Peace
- The Complete Husband by Lou Priolo
- Intimate Issues by Linda Dillow
- After the Affair by Janis Abrahms Spring, PhD

### Sexuality and Addiction

- Every Man's Battle by Fred Stoeker and Steve Arterburn
- At the Altar of Sexual Idolatry by Steve Gallagher
- Addictions: A Banquet at the Grave by Edward Welch
- When Good Men Are Tempted by Bill Perkins
- Facing the Shadow: Starting Sexual and Relationship Recovery by
- Mending a Shattered Heart: A Guide for Partners of Sex Addicts by
- Healing the Wounds of Sexual Addiction by Mark Laaser
- The Heart of Same Sex Attraction by Janell Hallman

## **Codependency / Fear of Man**

- *When People Are Big and God Is Small* by Edward Welch
- *Codependent No More* by Melody Beatty
- *Boundaries* by Henry Cloud and John Townsend
- *Love is a Choice Workbook* -by Frank Minirth and Paul Meier
- *The Dance of Intimacy: A woman's guide to courageous acts of change in key Relationships* by Harriet Lerner
- *The Emotional Incest Syndrome*
- *Mothers, Sons and Lovers*
- *Boundaries in Dating* by Henry Cloud and John Townsend

## **Anxiety**

- *Overcoming Fear, Worry and Anxiety* by Elyse Fitzpatrick
- *Slaying the Giants In Your Life* by David Jeremiah
- *Healing the Shame that Binds You* by John Bradshaw

## **Parenting**

- *Parenting Teens with Love and Logic* by Jim Faye and Foster Cline
- *Shepherding a Child's Heart* by Tedd Tripp
- *How To Be A Hero To Your Kids* by Josh McDowell
- *The Age of Opportunity* by Paul David Tripp
- *Point Man* by Steve Farrar

## **Anger**

- *The Heart of Anger* by Lou Priolo
- *How To Be Free From Bitterness* by Jim Wilson
- *Dance of Anger* by Harriet Lerner

## **Self Care/Personal Growth**

- *Rest in the Storm* by Kirk Byron Jones
- *The Power to Bless* by Myron C. Madden
- *Finding Purpose Beyond our Pain* by Paul Meier
- *Hinds Feet on High Places* by Hannah Hurnard
- *Secrets of the Vine* by Bruce Wilkenson

## **General**

- *This Was Your Life* by Jamie Lash and Rick Howard

- The Purpose Driven Life *by Rick Warren*
- The Mature Man *by Dave Dewitt*
- Passion and Purity *by Elizabeth Elliott*
- Fresh Wind, Fresh Fire *by Jim Cymbala*
- Fresh Faith *by Jim Cymbala*
- First Love *by Bill Bright*
- How To Say No To A Stubborn Habit *by Erwin Lutzer*
- The Serpent of Paradise *by Erwin Lutzer*